

M.R.P.D Govt. College,Talwara (Hoshiarpur)

NSS DEPARTMENT VARIOUS ACTIVITIES

2019-20 to 2023-24

Sr No	NAME OF THE ACTIVITY	ORGANISED Unit	YEAR
1	PROFESSIONAL ETHICS	MRPD COLLEGE, TALWARA As per the PUNJAB GOVT. DIRECTIONS	2019
2	NSS SEVEN DAYS NIGHT CAMP TITLED - SAVE ENVIRONMENT	NSS Unit – M.R.P.D Govt. College, Talwara	2019
3	SWACHHTA ABHIYAN	NSS Unit – M.R.P.D Govt. College, Talwara	2019
4	POSHAN PAKHWARA ACTIVITY	NSS Unit – M.R.P.D Govt. College, Talwara AS PER NSS PROGRSMME COORDINATOR CHANDIGARH	2019
5	BETI BACHAO BETI PADA 15 DAYS WOMEN SELF DEFENCE AWARENESS PROGRAMME.	NSS Unit – M.R.P.D Govt. College, Talwara WITH JUDO KARATE TRAINER	2020
6	MARCH 2020 ONWARDS GOVT INSTRUCTIONS FOR COVID - 19 PANDEMIC WERE FOLLOWED AND ALL THE ACTIVITIES WERE CARRIED OUT ONLINE.	NSS Unit – M.R.P.D Govt. College, Talwara	
7	WEBINAR ON YUWAAH PRIDE OF PUNJAB AS PER GOVT .DIRECTIONS	AS PER GOVT DIRECTIONS	2020
8	ON LINE SEMINAR ON HAZARDS OF STUBBLE BURNING	AS PER GOVT .DIRECTIONS	2020
9	ONLINE AWARENESS SEMINARS BY THE COLLEGE WERE HELD TIME TO TIME TO SPREAD AWARENESS ABOUT COVID FOR THE STUDENTS	NSS Unit – M.R.P.D Govt. College, Talwara	2020
10	THE NSS AND NCC GIRL STUDENTS STITCHED MASKS AND DISTRIBUTED IN THEIR NEIGHBOURHOOD AS AN ACTIVITY	NSS Unit – M.R.P.D Govt. College, Talwara AS PER THE DIRECTIONS OF THE NSS PROGRAMME COORDINATOR OFFICER, CHANDIGARH	2020
11	ONLINE TREE PLANTATION DERIVE IN WHICH STUDENTS SHARED THEIR PHOTOGRAPHS PLANTING SAPLINGS NEAR THEIR HOUSES TO CELEBRATE ENVIRONMENT DAY DURING COVID -19	NSS Unit – M.R.P.D Govt. College, Talwara AS PER THE DIRECTIONS OF THE NSS PROGRAMME COORDINATOR OFFICER, CHANDIGARH	2020
12	THE ACTIVITIES CARRIED ONLINE WERE RECORDED AS PHOTOGRAPHS IN THE WATS APP GROUPS .	NSS Unit – M.R.P.D Govt. College, Talwara AS PER THE DIRECTIONS OF THE NSS PROGRAMME COORDINATOR OFFICER, CHANDIGARH	2020
13	DISTRICT LEVEL COMPETITION ON QUIZ, POSTER MAKING ,SLOGAN WRITING	NSS Unit – M.R.P.D Govt. College, Talwara AS PER THE DIRECTIONS OF THE NSS PROGRAMME COORDINATOR OFFICER, CHANDIGARH	SEPT 2021
14	EASSY WRITING COMPETITION ON THE TOPIC “ROLE OF WOMEN IN INDIAN SOCIETY”	NSS Unit MRPD GOVT, COLLEGE TALWARA AS PER .DIRECTIONS OF NSS COORDINATOR	MARCH 8 ,2022
15	“AVOID STRESS TO HAVE BETTER LIFE” EASSY WRITING COMPETITON	NSS Unit MRPD GOVT, COLLEGE	2022
16	LECTURE ON “STOP USING SINGLE USE PLASTIC’	NSS Unit – M.R.P.D Govt. College, Talwara AS PER DIRECTIONS OF NSS COORDINATOR	2022
17	CELEBRATION OF INTERNATIONAL YOUTH DAY	NSS Unit MRPD GOVT, COLLEGE	2022
18	GHAR GHAR TIRANGA CAMPAIGN	NSS Unit – M.R.P.D Govt. College, Talwara AS PER DIRECTIONS OF NSS COORDINATOR	2022
19	ORGAGANISED 7 DAYS ADVENTURE CAMP AT WATER SPORTS CENTRE PONG DAM TALWARA	Department of YOUTH SERVICES, Panjab University,Chandigarh	2022
20	SPECIAL CLEANINESS CAMPAIGN	NSS Unit – M.R.P.D Govt. College, Talwara IN COLLABORATION WITH MUNICIPAL COMMITTEE TALWARA	2022
21	4 DAYS TRAINNING PROGRAMME FOR NSS VOLUNTEERS ON” CAPACITY BUILDING AND WOMEN EMPOWERMENT THROUGH SELF DEFENCE “	NSS Unit – M.R.P.D Govt. College, Talwara AS PER DIRECTIONS OF YOUTH AFFAIRS AND SPORTS	2022
22	DISTRICT LEVEL QUIZ COMPETITION	DEPTT OF YOUTH SERVICES,PANJAB University,Chandigarh	2022
23	CELEBRATION NATIONAL UNITY DAY	DEPTT OF YOUTH SERVICES,PANJAB University,Chandigarh	2022
24	CELEBRATION OF CHILDREN’S DAY AT A PRIMARY SCHOOL RAM NANGAL VILLAG E	NSS Unit – M.R.P.D Govt. College, Talwara	2022

25	GREEN PUNJAB	MRPD GOVT COLLEGE TALWARA - NSS UNIT	2022
26	HEALTH CHECK UP CAMP AAPDA MITRA SCHEME	NSS Unit – M.R.P.D Govt. College, Talwara COLLABORATED WITH CIVIL HOSPITA, HAJIPUR	2022
27	CONSTITUTION DAY	NSS Unit – M.R.P.D Govt. College, Talwara AS PER GOVT DIRECTIONS	2022
28	NSS SPECIAL CAMP	NSS Unit – M.R.P.D Govt. College, Talwara	2023
29	TREE PLANTATION DERIVE	NSS Unit – M.R.P.D Govt. College, Talwara	2024
30	WORLD ENVIRONMEN T DAY	NSS Unit – M.R.P.D Govt. College, Talwara	2024